



SHARNBROOK LEARNING FOR PLEASURE

An Independent, not-for-profit organisation with the objective
of sharing skills and interests in our community and
surrounding villages

AUTUMN / WINTER TERM 2021

PROGRAMME & ENROLMENT FORM

4 October to 17 December

(Half-term 25 - 29 October)

ENROLMENT PLEASE BY Monday 27 September 2021

Return forms to: Terry Westlake

52 High Street, Sharnbrook, Bedford MK44 1PB

COURSE	DATES	TIME	LOCATION	NOTES
ART Led by Des Hoar & John Downes	Weekly Wednesdays From October 6th	10.00 to 11.30	Village Hall	This is a Watercolour Painting class. Come and have fun. Des and John will give tuition, support and encouragement.
BRIDGE Led by Ann Mayhew	Weekly Mondays Starting October 4th	2.30 to 4.30	Methodist Church	Suitable for those with knowledge of basic bidding and card play. Ann builds on the skills you already have to help you move onto the next level. No need to come with a partner. We may also have some sessions using the online 'RealBridge' which was a big success during lockdown earlier this year.
LOCAL HISTORY Led by June Barnes	Alternate Wednesdays Starting October 6th	2.00 to 3.45	Methodist Church	Once again, a varied programme. The 6th and 20th October will be Local History outdoor walks. Other classes will include speakers & local historical visits. Occasionally members may be asked to contribute to the cost of special speakers.
PHOTOGRAPHY CLUB Led by Paul Hayward	Weekly Wednesdays From October 27th	2.00 to 3.45	Village Hall New Venue	All levels of expertise welcome - our aim is to learn and share through a variety of activities. Members will be asked to contribute to the cost of an on-line course.
FAMILY HISTORY FORUM Led by John Jarvis (New Class)	Alternate Thursdays Starting October 14th	10.00 to 12.00	Methodist Church	The Family History Forum will consider the many ways and methods by which we can search for our ancestors and share our experiences to help find solutions to problems that may have been encountered when carrying out research. We will use online web searching e.g. Ancestry, Deceased On Line, British Newspaper Archives etc.

PHYSICAL ACTIVITIES				
COURSE	DATE	TIME	LOCATION	NOTES
COUNTRY DANCING led by Lynne Whapples	Will look to resume Spring 2022			
INDOOR CROQUET Led by David Bonham	Fortnightly starting Wednesday October 13th	2.00 to 3.45	Methodist Church	Beginners welcome. We all learnt to play here at LfP, and have always had new players coming along, so we are used to teaching beginners. If you can stand up for a minute at a time to play, you can then chat and socialise for the rest of the time.
PILATES Taught by Barry Green	Weekly Tuesdays starting 12 October (2 groups alternating weeks).	11.00 to 12.00	Village Hall	For those experienced in Pilates. <i>Bring own equipment as pre-requisite to join the group (a mat, head block, ball & stretch bands).</i>
WALKING FOOTBALL	Weekly Thursdays starting 30 Sept	5.00 to 6.00	Sports Hall Sharnbrook Community Sports Centre	Walking Football is a slower version of the beautiful game – so no running or physical contact and the ball is kept below head height. It is an excellent way of staying fit and healthy. The emphasis is on fun and pleasure. <i>This very successful group, which started in 2019, is now looking for more members. All abilities, genders and ages welcome, no experience required.</i> <i>Please join us for a taster session.</i>
RAMBLING Co-ordinated by David Barnes	Weekly Thursdays 7 th October till end Nov – weather permitting	1.45 to 4.00	Off site	The group usually meets at a local starting point around 1.45 pm and finishes at a refreshment spot. Volunteers offer to lead their favourite walks. <i>Group members will be emailed walk details</i>
TABLE TENNIS led by David Barnes	Resume, if enough interest, in Spring Term with Covid restrictions.			Please complete the Enrolment Form to say if you would like to resume this activity with following Covid restrictions: Only playing Singles with a mask & ventilation?

COURSE	DATES	TIME/VENUE	DETAILS
CREATIVE ARTS			
CREATIVE WRITING led by Ven Bolton	Alternate Thursdays starting 14 October	2.00 to 3.45 Bowls Club New Venue	Creative Writing can be interpreted in many ways but there is never a right or wrong way - so this is not a 'tutored session'. Our group meets fortnightly and we set a topic for presenting at the next session - never more than 500 words! We share these at our meetings in a friendly way and work up towards producing a small booklet at the end of the term or year. We always welcome new members so please come and join us.
RECORDERS led by Therese Mostowfi	Will look to resume Spring 2022		
MUSIC APPRECIATION led by Paul Keeble	Thursdays	2.00 to 3.45 Bowls Club New Venue	Paul once again has put together 4 very different programmes – the themes are:
	7th October	What Classical Music do the British Like?	
	4 th November	British Groups of the 1960s	
	18th November	Giuseppe Verdi - The Changing Face of Italian Opera	
	16th December	1960s Rock & Pop Britain v America	
SINGING led by Val Cox	Weekly Thursdays from October 7 th (except, 21 October).	12.30 to 2.00 Village Hall New Venue	As you all know, this is not a choir! Everyone who enjoys singing is welcome – no auditions! Val leads us enthusiastically through a wide range of songs in her own inimitable style! New members always welcome – especially gentlemen! <i>Due to Covid, printed song sheets will not be available. Please bring your own refreshments.</i>

CRAFT			
TOPIC	DATES	TIME/VENUE	DETAILS
JOINT CRAFT CLASS – Soft toy, Card Making, Goldwork, Machine Embroidery, Tutored by Pat Keeble, Linda Hoar & Marian Blyth	1 Zoom Meeting for a joint Craft Class, date TBA. Tutor will send details to members	Zoom	“Craft and Chat” Zoom session to Support LfP members with projects. Zoom class will be approximately 1.5 hrs, may include break-out rooms of about 8 people for part of that time to better share information.
PATCHWORK tutored by Christine Futter	12 October WHOLE day	10.00 to 4.00 Bowls Club	Explore the wonderful world of patchwork. Bring own refreshments. <i>Sewing machine needed.</i>

COVID REQUIREMENTS FOR ALL

All members are encouraged to wear masks where needed, observe social distancing and to bring their own drinks/flasks. Also please wash hands before and after using the WC.

FEES AND COSTS:

Our fee this term for as many courses as you wish will be £10 to include insurance.

To attend just one session the fee will be £2, which again includes insurance.

Some courses we will be asking for a one-off payment towards costs and expenses. We are anxious to ensure that no tutor is in any way out of pocket when giving up their time to run these courses for us and we know that you will appreciate this.

Rambling - Optional refreshment stops are planned at the end of each walk, at members' own expense. Members share transport where appropriate.

History Group will occasionally ask for an extra donation where there is an outside speaker and if there is an entrance fee for specific visits.

ENROLMENT FORM Autumn/Winter 2021

Please note that due to the popularity and growth of Learning for Pleasure, we have had to put maximum numbers on some courses. All enrolments will be on a first come, first served basis.

PLEASE ENROL ASAP but by MONDAY 27 SEPTEMBER at the latest

Post or deliver this enrolment form, or your written details, together with cash or a **cheque for £10 made payable to Sharnbrook Learning for Pleasure** to:

Terry Westlake, 52 High Street, Sharnbrook, Bedford MK44 1PB

Please do not enrol by email.

NAME.....TEL NO:.....

ADDRESS.

POSTCODE

EMAIL ADDRESS.....

- **Please tick each course required**
- **Please only enrol for those courses you know you will be able to attend regularly**
- **We appreciate that everyone has to miss occasional sessions**

Art		Table Tennis Spring 2022. Please tick below if you would like to resume Table Tennis on the following basis: Play Singles only, face masks to be worn & good ventilation.
Bridge		
Local History		
Photography Club		
Family History Forum		
Indoor Croquet		
Pilates		
Walking Football		
Rambling		
Creative Writing		
Music Appreciation		
Singing		
Joint Craft Class (using Zoom)		
Patchwork (one whole day)		

State Enrolment Fee enclosed

Signed _____ Date _____

Sharnbrook Learning for Pleasure complies with the requirements of the General Data Protection Regulations and a copy of the LfP Privacy Notice is available on request.

